# Moment-entropy inequalities for a random vector 

Erwin Lutwak, Deane Yang, and Gaoyong Zhang


#### Abstract

The $p$-th moment matrix is defined for a real random vector, generalizing the classical covariance matrix. Sharp inequalities relating the $p$-th moment and Renyi entropy are established, generalizing the classical inequality relating the second moment and the Shannon entropy. The extremal distributions for these inequalities are completely characterized.


## I. Introduction

In [9] the authors demonstrated how the classical information theoretic inequality for the Shannon entropy and second moment of a real random variable could be extended to inequalities for Renyi entropy and the $p$-th moment. The extremals of these inequalities were also completely characterized. Moment-entropy inequalities, using Renyi entropy, for discrete random variables have also been obtained by Arikan [2].

We describe how to extend the definition of the second moment matrix of a real random vector to that of the $p$-th moment matrix. Using this, we extend the moment-entropy inequalities and the characterization of the extremal distributions proved in [9] to higher dimensions.

Variants and generalizations of the theorems presented can be found in work of the authors [8], [10], [11] and BasteroRomance [3].

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## II. THE $p$-TH MOMENT MATRIX OF A RANDOM VECTOR

## A. Basic notation

Throughout this paper we denote:

$$
\begin{aligned}
\mathbb{R}^{n} & =n \text {-dimensional Euclidean space } \\
x \cdot y & =\text { standard Euclidean inner product of } x, y \in R^{n} \\
|x| & =\sqrt{x \cdot x} \\
S & =\text { positive definite symmetric } n \text {-by- } n \text { matrices } \\
|A| & =\text { determinant of } A \in S \\
|K| & =\text { Lebesgue measure of } K \subset \mathbb{R}^{n} .
\end{aligned}
$$

The standard Euclidean ball in $\mathbb{R}^{n}$ will be denoted by $B$, and its volume by $\omega_{n}$.

Each inner product on $\mathbb{R}^{n}$ can be written uniquely as

$$
(x, y) \in \mathbb{R}^{n} \times \mathbb{R}^{n} \mapsto\langle x, y\rangle_{A}=A x \cdot A y
$$

for $A \in S$. The associated norm will be denoted by $|\cdot|_{A}$.
E. Lutwak (elutwak@poly.edu), D. Yang (dyang@poly.edu), and G. Zhang (gzhang@poly.edu) are with the Department of Mathematics, Polytechnic University, Brooklyn, New York. and were supported in part by NSF Grant DMS-0405707.

Throughout this paper, $X$ denotes a random vector in $\mathbb{R}^{n}$. The probability measure on $\mathbb{R}^{n}$ associated with a random vector $X$ is denoted $m_{X}$.

We will denote the standard Lebesgue density on $\mathbb{R}^{n}$ by $d x$. By the density function $f_{X}$ of a random vector $X$, we mean the Radon-Nikodym derivative of probability measure $m_{X}$ with respect to Lebesgue measure.

If $V$ is a vector space and $\Phi: \mathbb{R}^{n} \rightarrow V$ is a continuous function, then the expected value of $\Phi(X)$ is given by

$$
E[\Phi(X)]=\int_{\mathbb{R}^{n}} \Phi(x) d m_{X}(x)
$$

We call a random vector $X$ nondegenerate, if $E[|v \cdot X|]>0$ for each nonzero $v \in \mathbb{R}^{n}$.

## B. The p-th moment of a random vector

For $p \in(0, \infty)$, the standard $p$-th moment of a random vector $X$ is given by

$$
\begin{equation*}
E\left[|X|^{p}\right]=\int_{\mathbb{R}^{n}}|x|^{p} d m_{X}(x) \tag{1}
\end{equation*}
$$

More generally, the $p$-th moment with respect to the inner product $\langle\cdot, \cdot\rangle_{A}$ is

$$
E\left[|X|_{A}^{p}\right]=\int_{\mathbb{R}^{n}}|x|_{A}^{p} d m_{X}(x)
$$

## C. The p-th moment matrix

The second moment matrix of a random vector $X$ is defined to be

$$
M_{2}[X]=E[X \otimes X],
$$

where for $v \in \mathbb{R}^{n}, v \otimes v$ is the linear transformation given by $x \mapsto(x \cdot v) v$. Recall that $M_{2}[X-E[X]]$ is the covariance matrix. An important observation is that the definition of the moment matrix does not use the inner product on $\mathbb{R}^{n}$.

A unique characterization of the second moment matrix is the following: Let $M=M_{2}[X]$. The inner product $\langle\cdot, \cdot\rangle_{M^{-1 / 2}}$ is the unique one whose unit ball has maximal volume among all inner products $\langle\cdot, \cdot\rangle_{A}$ that are normalized so that the second moment satisfies $E\left[|A X|^{2}\right]=n$.
We extend this characterization to a definition of the $p$-th moment matrix $M_{p}[X]$ for all $p \in(0, \infty)$.
Theorem 1: If $p \in(0, \infty)$ and $X$ is a nondegenerate random vector in $\mathbb{R}^{n}$ with finite $p$-th moment, then there exists a unique matrix $A \in S$ such that

$$
E\left[|X|_{A}^{p}\right]=n
$$

and

$$
|A| \geq\left|A^{\prime}\right|,
$$

for each $A^{\prime} \in S$ such that $E\left[|X|_{A^{\prime}}^{p}\right]=n$. Moreover, the matrix $A$ is the unique matrix in $S$ satisfying

$$
I=E\left[A X \otimes A X|A X|^{p-2}\right]
$$

We define the $p$-th moment matrix of a random vector $X$ to be $M_{p}[X]=A^{-p}$, where $A$ is given by the theorem above.

The proof of the theorem is given in $\S$ IV

## III. Moment-Entropy inequalities

## A. Entropy

The Shannon entropy of a random vector $X$ is defined to be

$$
h[X]=-\int_{\mathbb{R}^{n}} f_{X} \log f_{X} d x
$$

provided that the integral above exists. For $\lambda>0$ the $\lambda$-Renyi entropy power of a density function is defined to be

$$
N_{\lambda}[X]= \begin{cases}\left(\int_{\mathbb{R}^{n}} f_{X}^{\lambda}\right)^{\frac{1}{1-\lambda}} & \text { if } \lambda \neq 1 \\ e^{h[f]} & \text { if } \lambda=1\end{cases}
$$

provided that the integral above exists. Observe that

$$
\lim _{\lambda \rightarrow 1} N_{\lambda}[X]=N_{1}[X]
$$

The $\lambda$-Renyi entropy of a random vector $X$ is defined to be

$$
h_{\lambda}[X]=\log N_{\lambda}[X] .
$$

The entropy $h_{\lambda}[X]$ is continuous in $\lambda$ and, by the Hölder inequality, decreasing in $\lambda$. It is strictly decreasing, unless $X$ is a uniform random vector.

It follows by the chain rule that

$$
\begin{equation*}
N_{\lambda}[A X]=|A| N_{\lambda}[X] \tag{2}
\end{equation*}
$$

for each $A \in S$.

## B. Relative entropy

Given two random vectors $X, Y$ in $\mathbb{R}^{n}$, their relative Shannon entropy or Kullback-Leibler distance [6], [5], [1] (also, see page 231 in [4]) is defined by

$$
\begin{equation*}
h_{1}[X, Y]=\int_{\mathbb{R}^{n}} f_{X} \log \left(\frac{f_{X}}{f_{Y}}\right) d x \tag{3}
\end{equation*}
$$

provided that the integral above exists. Given $\lambda>0$, we define the relative $\lambda$-Renyi entropy power of $X$ and $Y$ as follows. If $\lambda \neq 1$, then

$$
\begin{equation*}
N_{\lambda}[X, Y]=\frac{\left(\int_{\mathbb{R}^{n}} f_{Y}^{\lambda-1} f_{X} d x\right)^{\frac{1}{1-\lambda}}\left(\int_{\mathbb{R}^{n}} f_{Y}^{\lambda} d x\right)^{\frac{1}{\lambda}}}{\left(\int_{\mathbb{R}^{n}} f_{X}^{\lambda} d x\right)^{\frac{1}{\lambda(1-\lambda)}}} \tag{4}
\end{equation*}
$$

and, if $\lambda=1$, then

$$
N_{1}[X, Y]=e^{h_{1}[X, Y]}
$$

provided in both cases that the righthand side exists. Define the $\lambda$-Renyi relative entropy of random vectors $X$ and $Y$ by

$$
h_{\lambda}[X, Y]=\log N_{\lambda}[X, Y]
$$

Observe that $h_{\lambda}[X, Y]$ is continuous in $\lambda$.
Lemma 2: If $X$ and $Y$ are random vectors such that $h_{\lambda}[X]$, $h_{\lambda}[Y]$, and $h_{\lambda}[X, Y]$ are finite, then

$$
h_{\lambda}[X, Y] \geq 0
$$

Equality holds if and only if $X=Y$.
Proof: If $\lambda>1$, then by the Hölder inequality,

$$
\int_{\mathbb{R}^{n}} f_{Y}^{\lambda-1} f_{X} d x \leq\left(\int_{\mathbb{R}^{n}} f_{Y}^{\lambda} d x\right)^{\frac{\lambda-1}{\lambda}}\left(\int_{\mathbb{R}^{n}} f_{X}^{\lambda} d x\right)^{\frac{1}{\lambda}}
$$

and if $\lambda<1$, then we have

$$
\begin{aligned}
\int_{\mathbb{R}^{n}} f_{X}^{\lambda} & =\int_{\mathbb{R}^{n}}\left(f_{Y}^{\lambda-1} f_{X}\right)^{\lambda} f_{Y}^{\lambda(1-\lambda)} \\
& \leq\left(\int_{\mathbb{R}^{n}} f_{Y}^{\lambda-1} f_{X}\right)^{\lambda}\left(\int_{\mathbb{R}^{n}} f_{Y}^{\lambda}\right)^{1-\lambda}
\end{aligned}
$$

The inequality for $\lambda=1$ follows by taking the limit $\lambda \rightarrow 1$.
The equality conditions for $\lambda \neq 1$ follow from the equality conditions of the Hölder inequality. The inequality for $\lambda=$ 1 , including the equality condition, follows from the Jensen inequality (details may be found, for example, page 234 in [4]).

## C. Generalized Gaussians

We call the extremal random vectors for the momententropy inequalities generalized Gaussians and recall their definition here.

Given $t \in \mathbb{R}$, let

$$
t_{+}=\max (t, 0)
$$

Let

$$
\Gamma(t)=\int_{0}^{\infty} x^{t-1} e^{-x} d x
$$

denote the Gamma function, and let

$$
\beta(a, b)=\frac{\Gamma(a) \Gamma(b)}{\Gamma(a+b)}
$$

denote the Beta function.
For each $p \in(0, \infty)$ and $\lambda \in(n /(n+p), \infty)$, define the standard generalized Gaussian to be the random vector $Z$ in $\mathbb{R}^{n}$ whose density function $f_{Z}: \mathbb{R}^{n} \rightarrow[0, \infty)$ is given by

$$
f_{Z}(x)= \begin{cases}a_{p, \lambda}\left(1+(1-\lambda)|x|^{p}\right)_{+}^{1 /(\lambda-1)} & \text { if } \lambda \neq 1  \tag{5}\\ a_{p, 1} e^{-|x|^{p}} & \text { if } \lambda=1\end{cases}
$$

where

$$
a_{p, \lambda}= \begin{cases}\frac{p(1-\lambda)^{\frac{n}{p}}}{n \omega_{n} \beta\left(\frac{n}{p}, \frac{1}{1-\lambda}-\frac{n}{p}\right)} & \text { if } \lambda<1 \\ \frac{p}{n \omega_{n} \Gamma\left(\frac{n}{p}\right)} & \text { if } \lambda=1 \\ \frac{p(\lambda-1)^{\frac{n}{p}}}{n \omega_{n} \beta\left(\frac{n}{p}, \frac{\lambda}{\lambda-1}\right)} & \text { if } \lambda>1\end{cases}
$$

Any random vector $Y$ in $\mathbb{R}^{n}$ that can be written as $Y=A Z$, for some $A \in S$ is called a generalized Gaussian.

## D. Information measures of generalized Gaussians

If $0<p<\infty$ and $\lambda>n /(n+p)$, the $\lambda$-Renyi entropy power of the standard generalized Gaussian random vector $Z$ is given by

$$
N_{\lambda}[Z]= \begin{cases}\left(1+\frac{n(\lambda-1)}{p \lambda}\right)^{\frac{1}{\lambda-1}} a_{p, \lambda}^{-1} & \text { if } \lambda \neq 1 \\ e^{\frac{n}{p}} a_{p, 1}^{-1} & \text { if } \lambda=1\end{cases}
$$

If $0<p<\infty$ and $\lambda>n /(n+p)$, then the $p$-th moment of $Z$ is given by

$$
E\left[|Z|^{p}\right]=\left[\lambda\left(1+\frac{p}{n}\right)-1\right]^{-1}
$$

We define the constant

$$
\begin{align*}
c(n, p, \lambda) & =\frac{E\left[|Z|^{p}\right]^{1 / p}}{N_{\lambda}[Z]^{1 / n}}  \tag{6}\\
& =a_{p, \lambda}^{1 / n}\left[\lambda\left(1+\frac{p}{n}\right)-1\right]^{-\frac{1}{p}} b(n, p, \lambda),
\end{align*}
$$

where

$$
b(n, p, \lambda)= \begin{cases}\left(1-\frac{n(1-\lambda)}{p \lambda}\right)^{\frac{1}{n(1-\lambda)}} & \text { if } \lambda \neq 1 \\ e^{-1 / p} & \text { if } \lambda=1\end{cases}
$$

Observe that if $\lambda \neq 1$ and $0<p<\infty$, then

$$
\begin{equation*}
\int_{\mathbb{R}^{n}} f_{Z}^{\lambda}=a_{p, \lambda}^{\lambda-1}\left(1+(1-\lambda) E\left[|Z|^{p}\right]\right) \tag{7}
\end{equation*}
$$

and if $\lambda=1$, then

$$
\begin{equation*}
h[Z]=-\log a_{p, 1}+E\left[|Z|^{p}\right] . \tag{8}
\end{equation*}
$$

We will also need the following scaling identities:

$$
\begin{equation*}
f_{t Z}(x)=t^{-n} f_{Z}\left(t^{-1} x\right) \tag{9}
\end{equation*}
$$

for each $x \in \mathbb{R}^{n}$. Therefore,

$$
\begin{equation*}
\int_{\mathbb{R}^{n}} f_{t Z}^{\lambda} d x=t^{n(1-\lambda)} \int_{\mathbb{R}^{n}} f_{Z}^{\lambda} d x \tag{10}
\end{equation*}
$$

and

$$
E\left[|t Z|^{p}\right]=t^{p} E\left[|Z|^{p}\right]
$$

## E. Spherical moment-entropy inequalities

The proof of Theorem 2 in [9] extends easily to prove the following. A more general version can be found in [7].

Theorem 3: If $p \in(0, \infty), \lambda>n /(n+p)$, and $X$ is a random vector in $\mathbb{R}^{n}$ such that $N_{\lambda}[X], E\left[|X|^{p}\right]<\infty$, then

$$
\frac{E\left[|X|^{p}\right]^{1 / p}}{N_{\lambda}[X]^{1 / n}} \geq c(n, p, \lambda)
$$

where $c(n, p, \lambda)$ is given by (6). Equality holds if and only if $X=t Z$, for some $t \in(0, \infty)$.

Proof: For convenience let $a=a_{p, \lambda}$. Let

$$
\begin{equation*}
t=\left(\frac{E\left[|X|^{p}\right]}{E\left[|Z|^{p}\right]}\right)^{1 / p} \tag{11}
\end{equation*}
$$

and $Y=t Z$.

If $\lambda \neq 1$, then by (9) and (5), (1), (11), and (7),

$$
\begin{align*}
& \int_{\mathbb{R}^{n}} f_{Y}^{\lambda-1} f_{X} \\
& \geq a^{\lambda-1} t^{n(1-\lambda)}+(1-\lambda) a^{\lambda-1} t^{n(1-\lambda)-p} \int_{\mathbb{R}^{n}}|x|^{p} f_{X}(x) d x \\
& =a^{\lambda-1} t^{n(1-\lambda)}\left(1+(1-\lambda) t^{-p} E\left[|X|^{p}\right]\right) \\
& \left.=a^{\lambda-1} t^{n(1-\lambda)}\left(1+(1-\lambda) E[|Z|]^{p}\right]\right) \\
& =t^{n(1-\lambda)} \int_{\mathbb{R}^{n}} f_{Z}^{\lambda} \tag{12}
\end{align*}
$$

where equality holds if $\lambda<1$. It follows that if $\lambda \neq 1$, then by Lemma 2, (4), (10) and (12), and (11), we have

$$
\begin{aligned}
1 & \leq N_{\lambda}[X, Y]^{\lambda} \\
& =\left(\int_{\mathbb{R}^{n}} f_{Y}^{\lambda}\right)\left(\int_{\mathbb{R}^{n}} f_{X}^{\lambda}\right)^{-\frac{1}{1-\lambda}}\left(\int_{\mathbb{R}^{n}} f_{Y}^{\lambda-1} f_{X}\right)^{\frac{\lambda}{1-\lambda}} \\
& \leq t^{n} \frac{N_{\lambda}[Z]}{N_{\lambda}[X]} \\
& =\frac{E\left[|X|^{p}\right]^{n / p}}{N_{\lambda}[X]} \frac{N_{\lambda}[Z]}{E\left[|Z|^{p}\right]^{n / p}} .
\end{aligned}
$$

If $\lambda=1$, then by Lemma 2, (3) and (5), and (8) and (11),

$$
\begin{aligned}
0 & \leq h_{1}[X, Y] \\
& =-h[X]-\log a+n \log t+t^{-p} E\left[|X|^{p}\right] \\
& =-h[X]+h[Z]+\frac{n}{p} \log \frac{E\left[|X|^{p}\right]}{E\left[|Z|^{p}\right]} .
\end{aligned}
$$

Lemma 2 shows that equality holds in all cases if and only if $Y=X$.

## F. Elliptic moment-entropy inequalities

Corollary 4: If $A \in S, p \in(0, \infty), \lambda>n /(n+p)$, and $X$ is a random vector in $\mathbb{R}^{n}$ satisfying $N_{\lambda}[X], E\left[|X|^{p}\right]<\infty$, then

$$
\begin{equation*}
\frac{E\left[|X|_{A}^{p}\right]^{1 / p}}{|A|^{1 / n} N_{\lambda}[X]^{1 / n}} \geq c(n, p, \lambda) \tag{13}
\end{equation*}
$$

where $c(n, p, \lambda)$ is given by (6). Equality holds if and only if $X=t A^{-1} Z$ for some $t \in(0, \infty)$.

Proof: By (2) and Theorem 3,

$$
\begin{aligned}
\frac{E\left[|X|_{A}^{p}\right]^{1 / p}}{|A|^{1 / n} N_{\lambda}[X]^{1 / n}} & =\frac{E\left[|A X|^{p}\right]^{1 / p}}{N_{\lambda}[A X]^{1 / n}} \\
& \geq \frac{E\left[|Z|^{p}\right]^{1 / p}}{N_{\lambda}[Z]^{1 / n}}
\end{aligned}
$$

and equality holds if and only if $A X=t Z$ for some $t \in$ $(0, \infty)$.

## G. Affine moment-entropy inequalities

Optimizing Corollary 4 over all $A \in S$ yields the following affine inequality.

Theorem 5: If $p \in(0, \infty), \lambda>n /(n+p)$, and $X$ is a random vector in $\mathbb{R}^{n}$ satisfying $N_{\lambda}[X], E\left[|X|^{p}\right]<\infty$, then

$$
\frac{\left|M_{p}[X]\right|^{1 / p}}{N_{\lambda}[X]} \geq n^{-n / p} c(n, p, \lambda)^{n}
$$

where $c(n, p, \lambda)$ is given by (6). Equality holds if and only if $X=A^{-1} Z$ for some $A \in S$.

Proof: Substitute $A=M_{p}[X]^{-1 / p}$ into (13)
Conversely, Corollary 4 follows from Theorem 5 by Theorem 1.

## IV. Proof of Theorem 1

## A. Isotropic position of a probability measure

A Borel measure $\mu$ on $\mathbb{R}^{n}$ is said to be in isotropic position, if

$$
\begin{equation*}
\int_{\mathbb{R}^{n}} \frac{x \otimes x}{|x|^{2}} d \mu(x)=\frac{1}{n} I \tag{14}
\end{equation*}
$$

where $I$ is the identity matrix.
Lemma 6: If $p \geq 0$ and $\mu$ is a Borel probability measure in isotropic position, then for each $A \in S$,

$$
|A|^{-1 / n}\left(\int_{\mathbb{R}^{n}} \frac{|A x|^{p}}{|x|^{p}} d \mu(x)\right)^{1 / p} \geq 1
$$

with either equality holding if and only if $A=a I$ for some $a>0$.

Proof: By Hölder's inequality,

$$
\left(\int_{\mathbb{R}^{n}} \frac{|A x|^{p}}{|x|^{p}} d \mu(x)\right)^{1 / p} \geq \exp \left(\int_{\mathbb{R}^{n}} \log \frac{|A x|}{|x|} d \mu(x)\right)
$$

so it suffices to prove the $p=0$ case only.
By (14),

$$
\begin{equation*}
\int_{\mathbb{R}^{n}} \frac{(x \cdot e)^{2}}{|x|^{2}} d \mu(x)=\frac{1}{n} \tag{15}
\end{equation*}
$$

for any unit vector $e$.
Let $e_{1}, \ldots, e_{n}$ be an orthonormal basis of eigenvectors of $A$ with corresponding eigenvalues $\lambda_{1}, \ldots, \lambda_{n}$. By the concavity of log, and (15),

$$
\begin{aligned}
\int_{\mathbb{R}^{n}} \log \frac{|A x|}{|x|} d \mu(x) & =\frac{1}{2} \int_{\mathbb{R}^{n}} \log \frac{|A x|^{2}}{|x|^{2}} d \mu(x) \\
& =\frac{1}{2} \int_{\mathbb{R}^{n}} \log \sum_{i=1}^{n} \lambda_{i}^{2} \frac{\left(x \cdot e_{i}\right)^{2}}{|x|^{2}} d \mu(x) \\
& \geq \frac{1}{2} \int_{\mathbb{R}^{n}} \sum_{i=1}^{n} \frac{\left(x \cdot e_{i}\right)^{2}}{|x|^{2}} \log \lambda_{i}^{2} d \mu(x) \\
& =\log |A|^{1 / n} .
\end{aligned}
$$

The equality condition follows from the strict concavity of log.

## B. Proof of theorem

Lemma 7: If $p>0$ and $X$ is a nondegenerate random vector in $\mathbb{R}^{n}$ with finite $p$-th moment, then there exists $c>0$ such that

$$
\begin{equation*}
E\left[|e \cdot X|^{p}\right] \geq c \tag{16}
\end{equation*}
$$

for every unit vector $e$.
Proof: The left side of (16) is a positive continuous function of the unit sphere, which is compact.

Theorem 8: If $p \geq 0$ and $X$ is a nondegenerate random vector in $\mathbb{R}^{n}$ with finite $p$-th moment, then there exists $A \in S$, unique up to a scalar multiple, such that

$$
\begin{equation*}
|A|^{-1 / n} E\left[|A X|^{p}\right]^{1 / p} \leq\left|A^{\prime}\right|^{-1 / n} E\left[\left|A^{\prime} X\right|^{p}\right]^{1 / p} \tag{17}
\end{equation*}
$$

for every $A^{\prime} \in S$.
Proof: Let $S^{\prime} \subset S$ be the subset of matrices whose maximum eigenvalue is exactly 1 . This is a bounded set inside the set of all symmetric matrices, with its boundary $\partial S^{\prime}$ equal to positive semidefinite matrices with maximum eigenvalue 1 and minimum eigenvalue 0 . Given $A^{\prime} \in S^{\prime}$, let $e$ be an eigenvector of $A^{\prime}$ with eigenvalue 1. By Lemma 7,

$$
\begin{align*}
\left|A^{\prime}\right|^{-1 / n} E\left[\left|A^{\prime} X\right|^{p}\right]^{1 / p} & \geq\left|A^{\prime}\right|^{-1 / n} E\left[|X \cdot e|^{p}\right]^{1 / p} \\
& \geq c^{1 / p}\left|A^{\prime}\right|^{-1 / n} \tag{18}
\end{align*}
$$

Therefore, if $A^{\prime}$ approaches the boundary $\partial S^{\prime}$, the left side of (18) grows without bound. Since the left side of (18) is a continuous function on $S^{\prime}$, the existence of a minimum follows.

Let $A \in S$ be such a minimum and $Y=A X$. Then for each $B \in S$,

$$
\begin{align*}
|B|^{-1 / n} E\left[|B Y|^{p}\right]^{1 / p} & =|A|^{1 / n}|B A|^{-1 / n} E\left[|(B A) X|^{p}\right]^{1 / p} \\
& \geq|A|^{1 / n}|A|^{-1 / n} E\left[|A X|^{p}\right]^{1 / p} \\
& =E\left[|Y|^{p}\right]^{1 / p} \tag{19}
\end{align*}
$$

with equality holding if and only if equality holds for (17) with $A^{\prime}=B A$. Setting $B=I+t B^{\prime}$ for $B^{\prime} \in S$, we get

$$
\left|I+t B^{\prime}\right|^{-1 / n} E\left[\left|\left(I+t B^{\prime}\right) Y\right|^{p}\right]^{1 / p} \geq E\left[|Y|^{p}\right]^{1 / p}
$$

for each $t$ near 0 . It follows that

$$
\left.\frac{d}{d t}\right|_{t=0}\left|I+t B^{\prime}\right|^{-1 / n} E\left[\left|\left(I+t B^{\prime}\right) Y\right|^{p}\right]^{1 / p}=0
$$

for each $B^{\prime} \in S$. A straightforward computation shows that this holds only if

$$
\begin{equation*}
\frac{1}{n} E\left[|Y|^{p}\right] I=E\left[Y \otimes Y|Y|^{p-2}\right] \tag{20}
\end{equation*}
$$

Applying Lemma 6 to

$$
d \mu(x)=\frac{|x|^{p} d m_{Y}(x)}{n E\left[|Y|^{p}\right]}
$$

implies that equality holds for (19) only if $B=a I$ for some $a \in(0, \infty)$. This, in turn, implies that equality holds for (17) only if $A^{\prime}=a A$.

Theorem 1 follows from Theorem 8 by rescaling $A$ so that $E\left[|Y|^{p}\right]=n$ and substituting $Y=A X$ into (20).

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Erwin Lutwak Erwin Lutwak received his B.S., M.S., and Ph.D. degrees in Mathematics from Polytechnic University, where he is now Professor of Mathematics.

Deane Yang Deane Yang received his B.A. in mathematics and physics from University of Pennsylvania and Ph.D. in mathematics from Harvard University. He has been an NSF Postdoctoral Fellow at the Courant Institute and on the faculty of Rice University and Columbia University. He is now a full professor at Polytechnic University.

Gaoyong Zhang Gaoyong Zhang received his B.S. degree in mathematics from Wuhan University of Science and Technology, M.S. degree in mathematics from Wuhan University, Wuhan, China, and Ph.D. degree in mathematics from Temple University, Philadelphia. He was a Rademacher Lecturer at the University of Pennsylvania, a member of the Institute for Advanced Study at Princeton, and a member of the Mathematical Sciences Research Institute at Berkeley. He was an assistant professor and is now a full professor at Polytechnic University.

